Nil Ertürk

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Education

THE UNIVERSITY OF EDINBURGH, UNITED KINGDOM

Master of Science, Children and Young People's Mental Health and Psychological Practice

2013-2014

- Awarded with Distinction (4.00 GPA)
- Coursework: Child Development, Attachment in Clinical Settings, Trauma and Resilience, Parenting: Theory & Practice, Cognitive Behavioral Therapy for Children and Young People, Evidence-based Psychological Interventions, Counseling Children and Adolescents, Creative Therapies for Children and Young People
- Dissertation Topic: Suicidal Ideation and Depression in Psychotic-spectrum Adolescents: Exploration of Interpersonal & Belief-related Mechanisms- empirical project supervised by Dr. Matthias Schwannauer

KOC UNIVERSITY, TURKEY

Bachelor of Arts, Psychology

2008-2012

 Relevant coursework: Abnormal Psychology, Developmental Psychopathology, Life Span Development, Psychology of Learning and Cognition, Social Psychology, Cultural Psychology, Multilingualism and Education, Brain and Behavior, Clinical Psychology

TILBURG UNIVERSITY, THE NETHERLANDS

Erasmus Exchange Program

2010 Autumn

UNIVERSITY OF CALIFORNIA BERKELEY, UNITED STATES

• Relevant coursework: Clinical Psychology, Personality Theories

2010 Summer

AMERICAN COLLEGIATE INSTITUTE, IZMIR, TURKEY

High school

2003-2008

Clinical & Research Experience

PRIVATE PRACTICE, IZMIR, TURKEY

September 2023 -

Psychologist and psychotherapist working with babies, children, parents and young adults

PSI CHILD AND FAMILY MENTAL HEALTH CLINIC, ISTANBUL, TURKEY

Child and Adolescent Psychologist, Psychotherapist

December 2015- August 2023

GUNCE MENTAL HEALTH CLINIC, TURKEY

Child and Adolescent Psychologist

March – December 2015

CHILD & FAMILY STUDIES LABORATORY, KOC UNIVERSITY, TURKEY

Research Assistant

March 2015 – January 2016

YOUNG LIVES FOUNDATION, TURKEY

Post-trauma Stress Management Trainer at SOMA Mine Disaster

February – May 2015

- Received extensive training in Stress Management in post-traumatic conditions by Dr. Ayten Zara
- Providing two rounds of 4-day psychosocial support/training to teachers located in the Soma area about managing crisis and stress following a major trauma

CHILDREN 1ST- PARENTLINE SCOTLAND, UNITED KINGDOM

A phoneline service to provide information and support for anyone concerned about a child

Child and Family Counsellor

March - November 2014

 Achieved certification of COSCA-accredited (Counseling & Psychotherapy in Scotland) 40-hour training on counseling

- Provided significant phone support to children and families in a vulnerable situation
- Conducted risk assessment and created reports of each session

PSI CHILD AND FAMILY MENTAL HEALTH CLINIC, TURKEY

Assistant Psychologist, Employment

May 2012 – August 2013

- Led home-sessions of 2-7 year-old children with various mental health conditions (e.g., developmental delays, behavioral problems, emotional problems, autism-spectrum disorders, attention deficits and hyperactivity) under weekly supervision of Child Psychologist Bengi Keskin
- Created wide range of teaching materials for Feriha Dildar's "Advanced Developmental Psychopathology" course lectures aimed at masters level students

Voluntary Assistant Psychologist, Part Time Placement

March 2011- April 2012

- Acquired extensive training provided by seasoned professionals focused on childhood and adolescence mental health disorders
- Developed significant understanding of therapy's dynamics by attending both therapy and assessment sessions within the clinic and supervision meetings of home-session team

SECOND STEP INTERVENTION PROGRAM, TURKEY

Pre-school and school violence prevention through social and emotional development program
Project Worker, Part Time
Octo

October 2012 – July 2013

- Engaged on one-to-one basis with parents and children in assessment and information sessions
- Delivered monthly training sessions for parents and teachers and assessed follow-up interviews
- Acquired project management skills including managing workload and coordinating a team while establishing and maintaining regular communication with project's stakeholders

CERRAHPASA MEDICAL FACULTY, CHILD AND ADOLESCENT PSYCHIATRY SERVICE, TURKEY

Intern Psychologist, Part Time

June – December 2012

- Conducted sessions of two adolescent cases under weekly supervision of the outpatient clinic's lead psychiatrist, Dr. Hulya Bingol
- Joined therapy and psychological assessment sessions of psychiatrists and psychologists as an observer
- Actively engaged in weekly supervision meetings of professors and assistant psychiatrists
- Independently conducted two empirical studies under the supervision of Dr. Burak Dogangun and disseminated findings in conferences. Research poster presented at the 17th Adolescent Psychiatry Symposium in Samsun, Turkey

Awards & Publications

17TH ADOLESCENT PSYCHIATRY CONFERENCE, TURKEY

Research Poster Award

December 2012

Research Topic: Children and Adolescents' Perceptions of Psychiatrists Attire and Its Impact on Therapeutic Relationship

- Schwannauer, M., Erturk, N. & Taylor, E. (2014). *Exploring the role of interpersonal and metacognitive factors in suicidal ideation and depression of psychotic-spectrum adolescents*. Manuscript in preparation.
- Ceri, V., Erturk, N. & Narin, G. (2012). *Children and adolescents' perceptions of psychiatrist attire and its impact on therapeutic relationship.* Manuscript submitted for publication.
- Erturk, N., & Guc, H. (2012) Psychology and medical students' perceptions about adolescence. Manuscript in preparation.

Trainings & Workshops

MOTHERHOOD IN THE BODY AND MIND: PSYCHOANALYTIC APPROACH	January-May 2022
by Işıl Ertuzun, Deniz Arduman and Yavuz Erten at Icgoru Clinic SE PLAYSHOP: SOMATIC EXPERIENCING WITH CHILDREN & YOUNG PEOPLE	October 2021
by Maggie Kline	
EXPERIENTIAL PLAY THERAPY TRAINING	October 2020
by Byron Norton and Nilufer Devecigil	
E.M.D.R. (EYE MOVEMENT DESENSITIZATION AND REPROCESSING) TRAINING	2019
by Emre Konuk and Asena Yurtsever	
WORKING WITH TODDLERS IN GROUPS, ANNA FREUD CENTRE, U.K.	May 2018
by Inge Pretorius	
PSYCHOANALYTIC BABY OBSERVATION TRAINING, TAVISTOCK CLINIC, U.K.	2016-2017
by Jeanne Magagna and Graham Music	N. V. 1. 001.6
STORY STEM ASSESSMENT PROFILE TRAINING, ANNA FREUD CENTRE, U.K.	May-July 2016
by Jill Hodges and Saul Hillman	2015 2016
PROJECTIVE ASSESSMENT OF CHILDREN'S DRAWINGS, ISTANBUL, TURKEY	2015-2016
by Psychoanalyst Funda Akkapulu, Rorschach and Projective Assessments Association COGNITIVE BEHAVIOURAL THERAPY APPROACHES TO CHILDREN	A
by Nevin Dölek, Ruh Sağlığı Derneği/Kim Psikoloji	April 2015
DEVELOPMENTAL APPROACHES TO EATING DISORDERS WORKSHOP	April 2015
by Dr. Gillian Harris & Dr. Jackie Blissett, University of Birmingham at Bahcehir University	April 2013
CHILD DEVELOPMENT ASSESSMENT TESTS	March 2015
Ankara Gelişim Tarama Envanteri, Gesell Gelişim Figürleri Testi, Peabody Resim Kelime Tanım	
Testleri, Bender Gestalt Görsel Motor Algı Testi, Cümle Tamamlama Testi, Draw a Person	a resti, resiiii Çiziiie
COUNSELING AND PSYCHOTHERAPY	February-May 2014
(40 hours) COSCA accredited training by Children 1st-ParentLine Scotland	
PSYCHOANALYTIC PSYCHOTHERAPY WITH PARENTS AND INFANTS	June 2012
by Inge Pretorius, Anna Freud Centre	
WORKING WITH CHILD, ADOLESCENT AND FAMILY IN A CLINICAL SETTING	Jan - Feb 2012
by Feriha Dildar, Gulenbaht Senturk, Şebnem Orhan, Mine Kayraklı, PSI Child and Family Mental Health Clinic	
TODDLER DEVELOPMENT	March 2011
by Inge Pretorius, Anna Freud Centre	
EMOTION-FOCUSED THERAPY: THE TRANSFORMING POWER OF EMOTION	February 2009
by Leslie Greenberg, Bosphorus University	

References

Feriha DILDAR, MSc., Founder Psychologist at PSI Child and Family Mental Health Clinic in Istanbul, TURKEY ferihadildar@psidanismanlik.com

Jeanna MAGAGNA, Child, Adolescent & Family Psychotherapist in London, UK, jm@magagna.co.uk

Seniz PAMUK, MSc., Clinical Psychologist & Family Psychotherapist at Beyaz Psikoloji in Istanbul, TURKEY senizpamuk789@gmail.com

Seyda POSTACI, MSc., Clinical Psychologist & Psychoanalyst in Istanbul, TURKEY seydasun@gmail.com